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Five ways to save a tree in 2020

From a carbon-neutral gym to ethical trainers, tables and T-shirts



Saye has partnered with NGO WeForest to plant two trees for every pair of shoes sold

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Rumble Gym

Dalston-based Rumble Gym is London's first carbon-neutral gym. Fresh from its launch in mid-December, the studio offers pay-as-you-go classes, memberships and personal training. For each session booked – be it boxing, HIIT, climbing or yoga – Rumble Gym will plant a tree in a bid to offset its carbon footprint. Aware that even the simplest of actions can generate CO₂, the gym has also committed to planting a tree for every follow it receives on Instagram. [rumble-gym.com](https://www.rumble-gym.com)

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